Marius’ Phase 1 Project

* The basic story of your application
* The core features of your MVP
* The API data you'll be using and how you'll use it
* Challenges you expect to face
* How you are meeting the requirements of the project
* Basic Story: I’d like to build a generic fitness page for users based on a selection of their goals (lose weight, gain weight, maintain weight) then provide them with a a work out regime that meets their goal
* Features:
  + Provide users a basic program based on their goal
  + Allow users to keep track of amount lifted or distances run
* API Data would be self written JSON
* Challenges I expect are going to be on the API side and how indepth the fitness portions will be
* Meets the requirements because there would be a “Click”, “Submit” and “DOMContentLoaded” event listeners